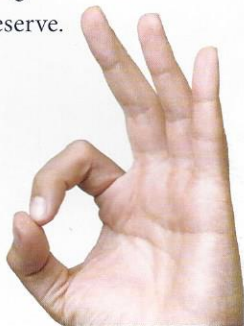


## Recall, Recare



Your dentures are important to the way you look and feel. That's why it's important to maintain dentures and ensure they perform at their optimum so you can perform at *your* best.

A regular check-up with your Denturist is the most effective way for you and your dentures to get the care and attention you both deserve.



# EXPECT THE BEST

## DENTURISTS, YOUR DENTURE SPECIALISTS

### WHY IS A RECALL APPOINTMENT NECESSARY? TISSUES AND BONE

Over time, your mouth goes through considerable changes. Tissue shrinkage and loss of underlying bone (resorption) on which your dentures rest will occur. Since your dentures do not change, they may no longer fit like they once did.

### ORAL CAVITY

Having an annual oral exam may prevent or help detect the existence of oral cancer or other abnormal conditions.

### MEDICAL OR DENTAL HISTORY

Updating both medical and dental history is an important step towards quality denture treatment.

### FIT AND BITE OF YOUR EXISTING DENTURE

Worn out dentures can cause improper fit and bite which can lead to other problems. They can also cause changes in your ability to bite, your speech and your appearance.

### THE INTEGRITY OF YOUR DENTURES

Your Denturist will check for cracks, chips, scratches, and worn or loose teeth.

### WHAT TO EXPECT DURING YOUR RECALL, RE CARE VISIT

- update your dental and medical history
- intra oral examination
- check the integrity of your denture
- check the esthetics, stability and the bite
- discuss options available to you based on your needs
- review of oral hygiene procedures and denture care
- cleaning and polishing of your dentures if required